

#### EDITORIAL

I hope you are keeping well and safe at these unprecedented times. May I take this opportunity to express my heartfelt appreciation to each, and every one of you for your tireless contribution and support to J C Michael Groups Ltd, the government and other stakeholders during this Pandemic.

You are well recognised critical workers in the front line, you ensure that our service users and anyone in need of care is receiving quality care. You also go beyond the call of duty by exceeding expectations during this period, despite the challenges with public transport, PPE equipment and other risks.

Thank you for flying high the flag of J C Michael Group Ltd and when we look back after it is all over, it will be noted that J C Michael Carers, NHS, together with other frontline workers collaborated together to fight the Pandemic and prevailed.

COVID - 19: We Will Beat This Challenge Together.

#### WELL DONE AND THANK YOU



#### Coronavirus

JCM Groups continues to work closely with Health Authorities, UKHCA/Scottish Care and Care Regulators in order to protect colleagues and customers and maintain service delivery.

#### PPE (Personal Protective Equipment)

Care workers should use PPE for activities that bring them into close personal contact with bodily fluids. Activities such as washing and bathing, personal hygiene must be observed.

Aprons, gloves and fluid repellent surgical masks should be used in where appropriate. If there is a risk of splashing, then eye protection will minimise risk. New PPE must be used for each episode of care. It is essential that PPE is stored securely within disposable rubbish bags. If you required more PPE stocks, kindly contact your line Manager.

#### Cleaning

When undertaking cleaning duties, use usual household products, such as detergents and bleach as these will be very effective at getting rid of the virus on surfaces. Frequently touched surfaces should be cleaned regularly.

#### Hygiene

PPE is only effective when combined with: hand hygiene (cleaning your hands regularly and appropriately); respiratory hygiene

<https://coronavirusresources.phe.gov.uk/hand-hygiene> and avoiding touching your face with your hands, and following standard infection prevention and control precautions

<https://www.nice.org.uk/guidance/cg139>

#### Appraisal

Appraisal is due on the 8<sup>th</sup> May 2020. All Matrix must be received, and staff Appraisal must be with HR by 15<sup>th</sup> May 2020. Non-compliance will attract disciplinary.

#### Social Distancing at work

You must endeavor to keep social distancing at work. The standard guidelines still apply- Keep 2 metres (6ft) away from other people at all times

More information will be provided in the next edition.

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